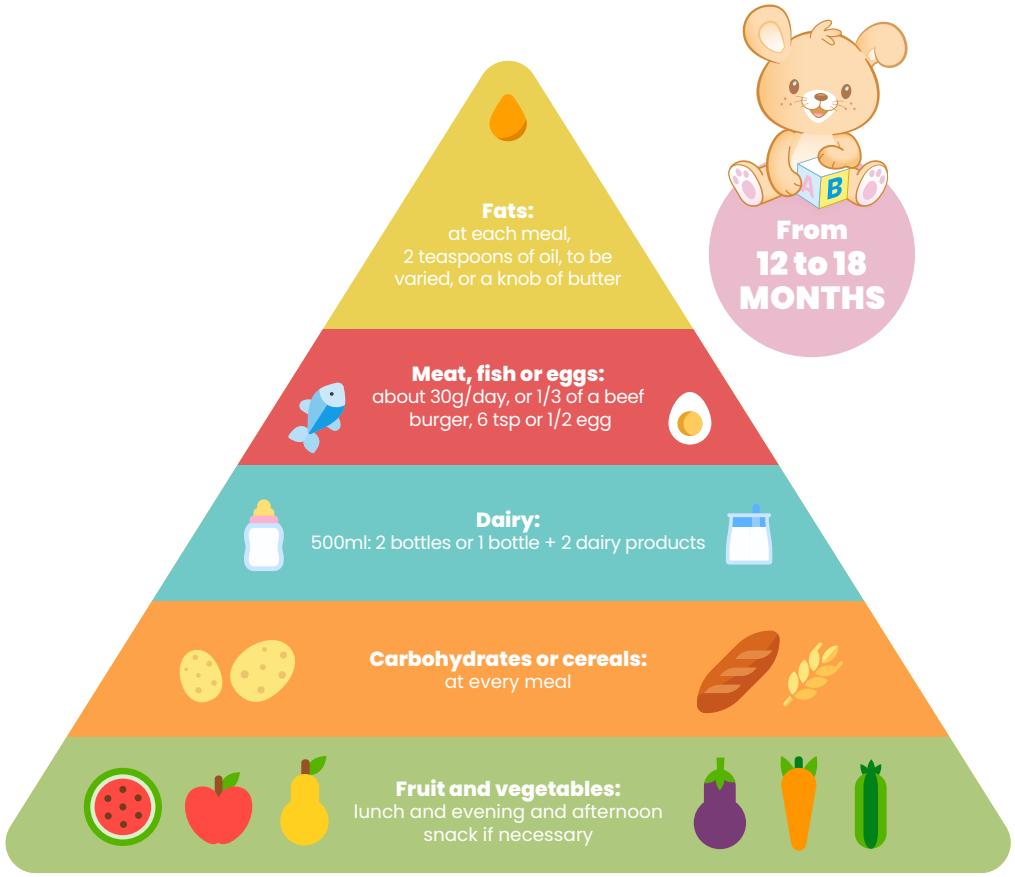
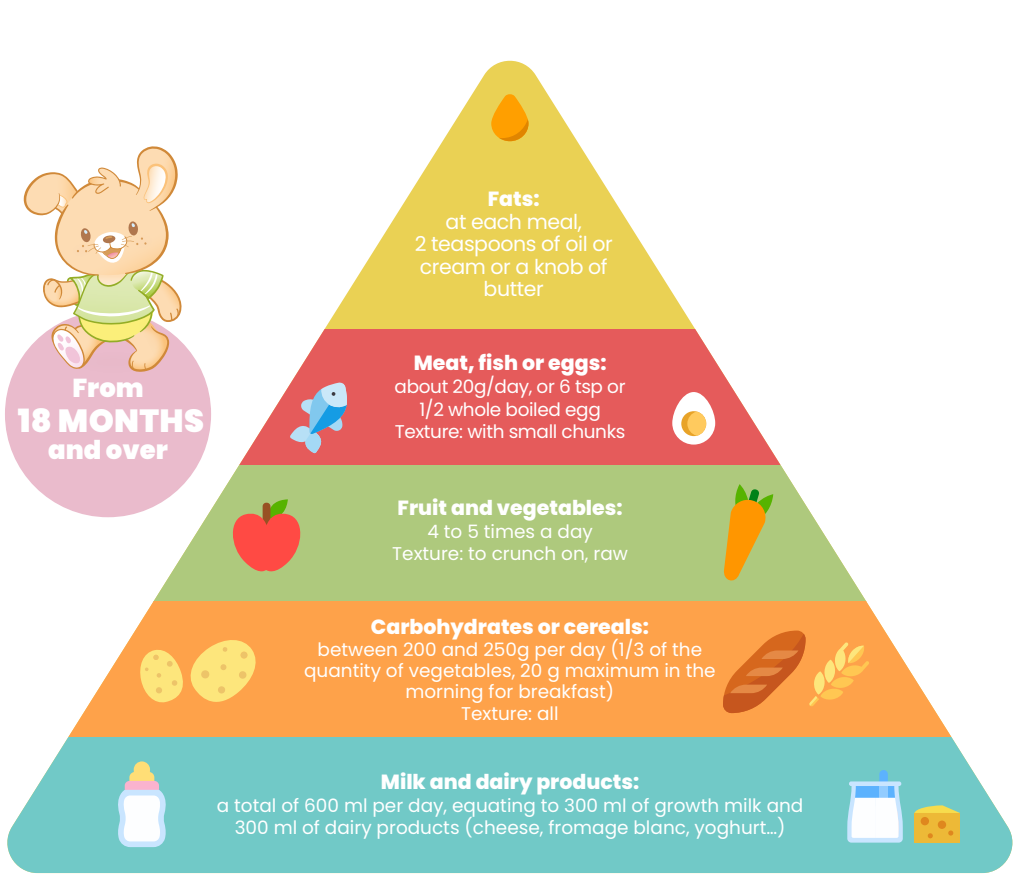
A balanced diet in children

from 12 months and 18 months